

Pilates and Barre Studio
 33045 Hamilton Court Suite G50
 Farmington Hills, MI 48334
 248-478-9461
www.pilatesbarre.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 AM			Equipment Class Basic			
9:00 AM		Equipment Class Basic				Equipment Class Intermediate
10:00 AM					Mat Class Intermediate	Equipment Class Intermediate
11:00 AM						
12:00 PM						
1:00 PM		Equipment Class Advanced		Equipment Class Advanced		
2:00 PM						
3:00 PM						
4:00 PM						
5:00 PM				Equipment Class Intermediate		
5:30 PM					Barre/Mat Class General Level	
6:00 PM		Mat Class General Level		Barre/Mat Class General Level		
7:00 PM	Mat Class General Level	Equipment Class Intermediate		Barre/Mat Class General Level		
8:00 PM	Equipment Class					

Mat Classes are held on a drop-in basis with no appointment necessary.

Equipment Classes are held by appointment only due to limited space.
 The 24 hour cancellation policy applies to these classes.

Mat or Barre Classes

Drop-in \$15
 5 Class Cards \$65
 5 week series \$35

Equipment Classes

1 Class \$35
 5 Class Package \$150
 10 Class Package \$250

